



IBIZA BALANCE

Packages
2011



1. Asian Package

Thai Massage & Herbal Stamps
Foot Reflex Massage
Shiatsu Massage

2. Detox Week

Chinese Acupressure Massage
Cupping & Moxa Therapy
Thai Massage
Detox Facial
2x private classes or Yoga or Tai Chi/ Quigong

3. Ibiza is Balance

Foot Reflex Massage
Ibiza Relax Massage

4. Yoga and Massage

daily private Yoga classes
completed with daily Massage treatments

5. Balance for Two

1x Massage & Therapy for him
1x Ayurveda Massage or Ibiza Relax Massage for her

6. Foot Reflexology Special

3x Foot Reflexology Massage
for an absolutely deep relaxation,
followed by head- and
shoulders massage

